

“Regardless of how old, frail and sick you are, I believe you can still attain a peace of mind, a sense of well-being and purpose in life”
- Dr Mary Ann Tsao, President and CEO, Tsao Foundation.

The Gift of 安乐 *An Le* (peace of mind and happiness)

One of the best gifts you can give to a frail older person is **peace of mind** and the **assurance** that he or she will be supported, and not be abandoned or forgotten.

The gift of 安乐 *An Le* frees older people from worry and enables them to walk the final journey of life with greater comfort, knowing that they will be cared for.



The Tsao Foundation has set up a special 安乐 *An Le Fund* to help the most disadvantaged group of older people in our society.

Many of them have little or no savings. Some are homebound and all have great difficulty getting to a doctor on their own. Despite their frailty or medical conditions, all older people strongly desire to live at home for as long as possible despite their illnesses or weakness.



Hua Mei Community Health Services bring medical, nursing and community services to older people. Our Mobile Clinic team of dedicated doctors, nurses and social workers make regular visits to patients at home. Our Seniors Clinic provides primary health care specifically geared to the needs of older people and their families.

Be Our Partner-In-Care. Help an Older Person age with peace and dignity.

Any amount will help.

All contributions will receive double tax exemption.

For just \$10 a month, you can help pay for services.

For just \$50, you can provide an older patient with essential monthly medication.

For \$420, you can provide an older patient with monthly home visits by a doctor, nurse and social work team.

Your contribution as a Partner-In-Care is important in supporting our service to older people.



“I am happy now. I have no worries, no sadness. I know I can call Hua Mei when I’ve an emergency. The doctors, nurses and social workers at Hua Mei are so full of love and they respect me. I’m very grateful to Hua Mei,”
said Madam Aw Choy Kum, 76, a homebound patient of Hua Mei Mobile Clinic who once contemplated suicide before help came.



“The doctors, nurses and social workers at Hua Mei are extremely good in the care they provide. They treat me very well,” said Mr Nagapillai, 83, another Hua Mei homebound patient.